

National Consortium on Psychosocial Stress, Spirituality, and Health

### **Data Dictionary**

THE NATIONAL HEART, LUNG, AND BLOOD INSTITUTE OF THE NATIONAL INSTITUTES OF HEALTH

#### **Table of Contents**

To view more information about each variable, click either the variable name or label. Refer to the following website for more information about study design and data collection: <u>https://cgvh.harvard.edu/national-consortium-psychosocial-stress-spirituality-and-health-0</u>. Please contact the Strong Heart Study Coordinating Center for details about requesting data from this study.

VARIABLE	LABEL
IDNO	ID NUMBER
data_entry	Data entry version: since all survey will be entered twice for quality control. Please specify if this record is version 1 or version 2
rsdate	Survey completion date (mm-dd-yyyy)
rs1a	1A: For each of the following items about spirituality, tell us how much you agree or disagree. Spirituality isthe search for meaning and purpose in life.
rs1b	1B: For each of the following items about spirituality, tell us how much you agree or disagree. Spirituality isabout your personal relationship with [God].
rs1c	1C: For each of the following items about spirituality, tell us how much you agree or disagree. Spirituality isthe search for enlightenment.
rs1d	1D: For each of the following items about spirituality, tell us how much you agree or disagree. Spirituality isa connection to all of life that goes beyond the physical world.
rs1e	1E: For each of the following items about spirituality, tell us how much you agree or disagree. Spirituality isembracing the traditions of my Ancestors
rs1f	1b: Which one of the above is closest to your own definition of spirituality? (Choose one.)
rs2a	2A. Being religious isidentifying with a shared set of practices or beliefs about the right way to live.

VARIABLE	LABEL
rs2b	2B. Being religious ismaking efforts to strengthen your faith through membership in a particular church, temple, mosque or other faith community.
rs2c	2C. Being religious isfollowing formal teachings or doctrines.
rs2d	2D. Being religious isabout your personal relationship with [God].
rs2e	2b. Which one of the above is closest to your own definition of religious?(Choose one.)
rs2f	2c. To what extent do you view organized religion as positive or negative?
rs3a	3. Which of the statements best describes you: (Choose one.)
rs4a	4. To what extent do you consider yourself a religious or spiritual person?
rsrelig1	5. What is your religious preference? (Mark all that apply.) (choice=1. Catholic/Roman Catholic)
rsrelig2	5. What is your religious preference? (Mark all that apply.) (choice=2. Mormon)
rsrelig3	5. What is your religious preference? (Mark all that apply.) (choice=3. Jehovahs Witness)
rsrelig4	5. What is your religious preference? (Mark all that apply.) (choice=4. Agnostic)
rsrelig5	5. What is your religious preference? (Mark all that apply.) (choice=5. Fellowship Church)
rsrelig6	5. What is your religious preference? (Mark all that apply.) (choice=6. Unitarian)
rsrelig7	5. What is your religious preference? (Mark all that apply.) (choice=7. Traditional Native American Practices)
rsrelig8	5. What is your religious preference? (Mark all that apply.) (choice=8. Atheist (there is no God))
rsrelig9	5. What is your religious preference? (Mark all that apply.) (choice=9. Other Christian (answer 5b))
rsrelig10	5. What is your religious preference? (Mark all that apply.) (choice=10. Jewish)
rsrelig11	5. What is your religious preference? (Mark all that apply.) (choice=11. Native American Church)
rsrelig12	5. What is your religious preference? (Mark all that apply.) (choice=12. I do not belong to any religion)

VARIABLE	LABEL
rsrelig13	5. What is your religious preference? (Mark all that apply.) (choice=13. Protestant (answer 5b))
rsrelig14	5. What is your religious preference? (Mark all that apply.) (choice=14. Buddhist)
rsrelig15	5. What is your religious preference? (Mark all that apply.) (choice=15. Bahai)
rsrelig16	5. What is your religious preference? (Mark all that apply.) (choice=16. Other)
rsotherdd	5b. Other, please specify
rs6a	6. How often do you attend religious services?
rs6b	6b. How often do you attend Ceremony?
rs7a	7. Are you a part of a religious congregation or community (or spiritual circle)?
rs7b1	7b. If yes, where do you attend? (Mark all that apply.) (choice=1. Church)
rs7b2	7b. If yes, where do you attend? (Mark all that apply.) (choice=2. Hindu Temple or Mandir)
rs7b3	7b. If yes, where do you attend? (Mark all that apply.) (choice=3. Ceremonial meeting place (e.g., Sweat Lodge))
rs7b4	7b. If yes, where do you attend? (Mark all that apply.) (choice=4. Mosque)
rs7b5	7b. If yes, where do you attend? (Mark all that apply.) (choice=5. Jewish Temple or Synagogue)
rs7b6	7b. If yes, where do you attend? (Mark all that apply.) (choice=6. Small religious group at someones home)
rs7b7	7b. If yes, where do you attend? (Mark all that apply.) (choice=7. Other)
rs7b_other	7b_other: if choose other , please specify
rs8a	8A. How often does someone in your congregation or religious community (or spiritual circle) show that they love or care for you?
rs8b	8B. How often do you show someone in your congregation or religious community (or spiritual circle) that you love or care for them?
rs8c	8C. How often are people in your congregation or religious community (or spiritual circle) critical of you or your lifestyle?
rs8d	8D. How often do you feel ignored or neglected by people in your congregation or religious community (or spiritual circle)?

VARIABLE	LABEL
rs9a	9A. My church or religious community (or spiritual circle) offers social services (e.g., food pantry, legal or financial help, childcare, education, health care services) beyond religious services.
rs9b	9B. In the past, I or a family member have been helped by a non-religious program or service that my church or religious community (or spiritual circle) provides.
rs9c	9C. In the past year, I have volunteered at my church or religious community (or spiritual circle) to help provide a non-religious service to the community.
rs9d	9D. If I had problems and needed help, my church or religious community (or spiritual circle) would help me out.
rs10a	10A. How often do you do the following? Pray in a group other than a religious service
rs10b	10B. How often do you do the following? Pray by yourself.
rs10c	10C. How often do you do the following? When you are by yourself, how often do you pray for others?
rs10d	10D. How often do you do the following? Read scriptures.
rs10e	10E. How often do you do the following? Meditate (i.e., mindfulness, silent reflection).
rs10f	10F. How often do you do the following? Practice yoga or pranayama.
rs10g	10G. How often do you do the following? Tai Chi or Qi Gong.
rs10h	10H. How often do you do the following? Sweat Lodge
rs10i	10I. How often do you do the following? Tobacco Offering
rs10j	10J. How often do you do the following? Smudge or purification
rs11a	11A. Please mark the response that best describes how you feel: I believe in life after death.
rs11b	11B. Please mark the response that best describes how you feel: I believe that God exists.
rs12a	12A. Please mark the response that best describes how you feel: I feel God's love or care for me, through others.
rs12b	12B. Please mark the response that best describes how you feel: God gives me the strength to do things that I otherwise could not do myself.
rs12c	12C. Please mark the response that best describes how you feel: God's spirit dwells in my body.

VARIABLE	LABEL
rs12d	12D. Please mark the response that best describes how you feel: I desire to be closer to God, or in union with God.
rs12e	12E. Please mark the response that best describes how you feel: God loves or cares for me unconditionally, in a way that I could never earn.
rs12f	12F. Please mark the response that best describes how you feel: Throughout my life, God has come through for me.
rs12g	12G. Please mark the response that best describes how you feel: My relationship with God is what really lies behind my whole approach to life.
rs12h	12H. Please mark the response that best describes how you feel: When I pray, I feel a deep sense of closeness with God.
rs12i	12I. Please mark the response that best describes how you feel: I try to express my gratitude to God in my daily life.
rs12j	12J. Please mark the response that best describes how you feel: God is the center of my life.
rs13a	13. To what extent is your religion or spirituality involved in understanding or dealing with stressful situations?
rs14a	14A. In facing recent stressful life events:I saw my situation as part of [God]'s plan
rs14b	14B. In facing recent stressful life events: I tried to see how [God] might be trying to strengthen me in these situations.
rs14c	14C. In facing recent stressful life events: I wondered what I did for God to punish me.
rs14d	14D. In facing recent stressful life events: I wondered if [God] allowed this event to happen to me because of my wrongdoings.
rs14k	14E. In facing recent stressful life events:I sought [God]'s love or care.
rs14I	14F. In facing recent stressful life events: I trusted that [God] would be by my side.
rs14g	14G. In facing recent stressful life events: I tried to make sense of the situation with [God].
rs14h	14H. In facing recent stressful life events: I worked together with [God] to relieve my worries.
rs14i	14I. In facing recent stressful life events:I did what I could and put the rest in [God]'s hands.

VARIABLE	LABEL
rs14j	14J. In facing recent stressful life events:I took control over what I could, and gave the rest up to [God].
rs14e	14K. In facing recent stressful life events: I believed [the devil] or evil spirits were responsible for my situation
rs14f	14L. In facing recent stressful life events: I felt as though [the devil] or an evil spirit was trying to turn me away from [God].
rs14m	14M. In facing recent stressful life events: I wondered whether [God] had abandoned me.
rs14n	14N. In facing recent stressful life events: I questioned [God]'s love or care for me.
rs14o	14O. In facing recent stressful life events: I felt confused about my religious or spiritual beliefs.
rs14p	14P. In facing recent stressful life events: I felt troubled by doubts or questions about my religion or spirituality
rs14q	14Q. In facing recent stressful life events: I felt hopeful tha [God] would help me get through one day at a time.
rs14r	14R. In facing recent stressful life events: I looked to my faith in [God] for hope about the future.
rs15	15. When you think about [God] in relationship to people who are suffering from life-threatening illness, which of the following is closest to your view? (Choose one.)
rs16a	16. When you think about [God] in relationship to your health, which of the following is closest to your own view? (Choose one.)
rs17a	17A. [God] gave me the ability to make good choices, and so when I face a difficult situation it is up to me to figure out the right thing to do.
rs17b	17B. When I face a difficult situation, I bring it to [God] and together we figure out the best way to handle it.
rs17c	17C. When I face a difficult situation, I turn it over to [God] knowing that [God] will work things out according to [God]'s plan.
rs18a	18A. Please indicate how much you agree or disagree with each of the following statements: I have so much in life to be thankful for.
rs18b	18B. Please indicate how much you agree or disagree with each of the following statements: If I had to list everything that I felt grateful for, it would be a very long list.

VARIABLE	LABEL
rs19a	19. Have there been many people you can't forgive because they did or said something to you a long time ago?
rs20a	20A. Before I can forgive others, they must promise not to do the same thing again.
rs20b	20B. I find it hard to forgive myself for some of the things I have done wrong.
rs20c	20C. I have forgiven those who have hurt me.
rs20d	20D. I feel that others have not forgiven me for things that I have done.
rs20e	20E. I have trouble finding peace of mind.
rs20f	20F. I have a sense of direction and purpose in life.
rs20g	20G. I'm not sure my life adds up to much.
rs21a	21A. How often do you experience the following: I experience a connection to all of life.
rs21b	21B. I feel deep inner peace or harmony.
rs21c	21C. I am touched by the beauty of creation.
rs21d	21D. I feel a selfless caring for others.
incomehsId	1.Last year, what was your total household income before taxes from all household members? Please include income from all sources (such as social security, stocks, alimony, and child support in the past year).
p6afindepen	1B. Last year, how many people, including yourself, were supported by this household income?
edumother	2A. When you were a child, what was the highest grade/level of education achieved by: Mother
edufather	2B. When you were a child, what was the highest grade/level of education achieved by: Father
eduprim	2C. When you were a child, what was the highest grade/level of education achieved by: Other primary caretaker
p6bhouseinf	3. Did your parents own a home during first 10 years of your childhood?
p6emnyfoodc	4A. When you were a child or a teenager, was there at least one time when your household: Did not have enough money for food or housing? (Up to Age 11)
p6emnyassisc	4B. When you were a child or a teenager, was there at least one time when your household: Received public assistance, welfare, or had to rely on the charity of others to get by? (Up to Age 11)

VARIABLE	LABEL
p6emnyfoodt	4C. When you were a child or a teenager, was there at least one time when your household: Did not have enough money for food or housing?(Age 12-18)
p6emnyassist	4D. When you were a child or a teenager, was there at least one time when your household: Received public assistance, welfare, or had to rely on the charity of others to get by?(Age 12-18)
p10aloss1	5. Before the age of 18, did you lose (either from death or prolonged separation/desertion) any of the following? (Mark all that apply) (choice=1. Mother)
p10aloss2	5. Before the age of 18, did you lose (either from death or prolonged separation/desertion) any of the following? (Mark all that apply) (choice=2. Father)
p10aloss3	5. Before the age of 18, did you lose (either from death or prolonged separation/desertion) any of the following? (Mark all that apply) (choice=3. A loved one(not a parent))
p10aloss4	5. Before the age of 18, did you lose (either from death or prolonged separation/desertion) any of the following? (Mark all that apply) (choice=4. Caregiver)
p10aloss5	5. Before the age of 18, did you lose (either from death or prolonged separation/desertion) any of the following? (Mark all that apply) (choice=5. Not Applicable)
p10aloss999	5. Before the age of 18, did you lose (either from death or prolonged separation/desertion) any of the following? (Mark all that apply) (choice=999. Question not asked)
p10actsca	6Ai. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 11 Someone:pushed, grabbed, or shoved me
p10actscb	6Aii. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 11 Someone:threw something at me that could hurt me
p10actscc	6Aiii. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 11 Someone: kicked, bit, or punched me
p10actscd	6Aiv. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 11 Someone: hit me with something including hand or fist

VARIABLE	LABEL
p10actsce	6Av. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 11 Someone: choked or burned me
p10actscf	6Avi. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 11 Someone: physically attacked me in some other way
p10actscg	6Avii. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 11 Someone: exposed their genitals against my will
p10actsch	6Aviii. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 11 Someone: was sexual with me against my will
p10actsci	6Aix. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 11 Someone: seriously harmed someone I loved
p10actsta	6Bi. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 12 Someone:pushed, grabbed, or shoved me
p10actstb	6Bii. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 12 Someone:threw something at me that could hurt me
p10actstc	6Biii. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 12 Someone: kicked, bit, or punched me
p10actstd	6Biv. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 12 Someone: hit me with something including hand or fist
p10actste	6Bv. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 12 Someone: choked or burned me
p10actstf	6Bvi. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 12 Someone: physically attacked me in some other way
p10actstg	6Bvii. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or

VARIABLE	LABEL
	peers): up to Age 12 Someone: Exposed their genitals against my will
p10actsth	6Bviii. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 12 Someone: was sexual with me against my will
p10actsti	6Bix. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 12 Someone: seriously harmed someone I loved
p10actqz	7A. When I was growing up I didn't have enough to eat
p10actqad	7B. When I was growing up I knew that there was someone to take care of me and protect me.
p10actqa	7C. When I was growing up People in my family called me things like stupid, lazy, or ugly
p10actqae	7D. When I was growing up My parents were too drunk or high to take care of the family.
p10actqf	7E. When I was growing up There was someone in my family who helped me feel important and special
p10actqab	7F. When I was growing up I had to wear dirty clothes
p10actqg	7G. When I was growing up I felt loved
p10actqb	7H. When I was growing up I thought that my parents wished I had never been born
p10actqk	7I. When I was growing up I got hit so hard by someone in my family that I had to go see a doctor or go to the hospital
p10actqaf	7J. When I was growing up There was nothing I wanted to change about my family
p10actql	7K. When I was growing up People in my family hit me so hard that it left me with bruises or marks
p10actqm	7L. When I was growing up I was punished with a belt, a board, a cord, or some other hard object
p10actqh	7M. When I was growing up People in my family looked out for each other
p10actqc	7N. When I was growing up People in my family said hurtful things to me
p10actqn	7O. When I was growing up I believe that I was physically abused
p10actqag	7P. When I was growing up I had the perfect childhood

VARIABLE	LABEL
p10actqo	7Q. When I was growing up I got hit or beaten so badly that it was noticed by someone like a teacher, neighbor, or doctor
p10actqd	7R. When I was growing up I felt that someone in my family hated me.
p10actqi	7S. When I was growing up People in my family felt close to each other.
p10actqx	7T. When I was growing up Someone tried to touch me in a sexual way or tried to make me touch them
p10actqy	7U. When I was growing up Someone threatened to hurt me or tell lies about me unless I did something sexual with them.
p10actqah	7V. When I was growing up I had the best family in the world.
p10actqw	7W. When I was growing up Someone tried to make me do sexual things or watch sexual things
p10actqv	7X. When I was growing Someone molested me
p10actqe	7Y. When I was growing I believe that I was emotionally abused
p10actqai	7Z. When I was growing There was someone to take me to the doctor if I needed it
p10actqu	7AA. When I was growing I believe that I was sexually abused
p10actqj	7BB. When I was growing My family was a source of strength and support
p9esf36a	8. In general, would you say your health is:
p9esf36d	9A. The following items are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf.
p9esf36f	9B. The following items are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?Climbing several flights of stairs.
p9esf36p	10A. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health? Accomplished less than you would like.
p9esf36q	10B. During the past 4 weeks, have you had any of the following problems with your work or other regular daily

VARIABLE	LABEL
	activities as a result of your physical health? Were limited in the kind of work or other activities
p9esf36t	11A. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would like
p9esf36u	11B. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usual
p9esf36x	12. During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?
p9esf36ab	13A. These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks - Have
p9esf36ac	13B. These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks - Did
p9esf36ad	13C. These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks - Have
p9esf36ah	14. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc.)?
p23bphywalk	15A. During the past year, how many hours each week did you spend (on average): walking for exercise
p23bphyvigo	15B.During the past year, how many hours each week did you spend (on average): vigorous exercise (e.g. jogging, aerobics)
p23bhrtv	16A. How many hours each day did you spend (on average): Sitting watching TV or videos
p23bhrwrk	16B. How many hours each day did you spend (on average): Sitting at work or during the day

LABEL
17A.Have any of your first-degree biological relatives (e.g., parents and siblings) ever been diagnosed of the following conditions: Heart Attack
17B.Have any of your first-degree biological relatives (e.g., parents and siblings) ever been diagnosed of the following conditions: Diabetes
17C.Have any of your first-degree biological relatives (e.g., parents and siblings) ever been diagnosed of the following conditions: Hypertension
17D.Have any of your first-degree biological relatives (e.g., parents and siblings) ever been diagnosed of the following conditions: Stroke
18A. Has a doctor ever told you that you had any of the following conditions? A. Peptic Ulcer (Gastric or duodenal ulcers) a. If YES, when ?
18A.a. If YES when?
18B. Has a doctor ever told you that you had any of the following conditions? B. Asthma a. If YES, when?
18B.a. If YES when?
18C. Has a doctor ever told you that you had any of the following conditions? C. Parkinson's Disease a. If YES, when?
18C.a. If YES when?
18D. Has a doctor ever told you that you had any of the following conditions? D. Cirrhosis of the liver a. If YES, when?
18D.a. If YES when?
18E. Has a doctor ever told you that you had any of the following conditions? E. Rheumatoid arthritis a. If YES, when?
18E.a. If YES when?
18F. Has a doctor ever told you that you had any of the following conditions? F. Emphysema, COPD, or bronchitis a. If YES, when?
18F.a. If YES when?
19A. How often do the following historical losses experienced by your community (not necessarily yourself) come to mind: The loss of our land.
19B. How often do the following historical losses experienced by your community (not necessarily yourself) come to mind: The loss of our language.

VARIABLE	LABEL
p12xlossc	19C. How often do the following historical losses experienced by your community (not necessarily yourself) come to mind: Losing our traditional spiritual ways
p12xlossd	19D. How often do the following historical losses experienced by your community (not necessarily yourself) come to mind: The loss of our family ties because of boarding schools
p12xlosse	19E. How often do the following historical losses experienced by your community (not necessarily yourself) come to mind: The loss of families from the reservation to government relocation
p12xlossf	19F. How often do the following historical losses experienced by your community (not necessarily yourself) come to mind: The loss of self respect from poor treatment by government officials
p12xlossg	19G. How often do the following historical losses experienced by your community (not necessarily yourself) come to mind: The loss of trust in whites from broken treaties
p12xlossh	19H. How often do the following historical losses experienced by your community (not necessarily yourself) come to mind: Losing our culture
p12xlossi	19I. How often do the following historical losses experienced by your community (not necessarily yourself) come to mind: The losses from the effects of alcoholism on our people
p12xlossj	19J. How often do the following historical losses experienced by your community (not necessarily yourself) come to mind: Loss of respect by our children and grandchildren for elders
p12xlossk	19K. How often do the following historical losses experienced by your community (not necessarily yourself) come to mind: Loss of our people through early death
p12xlossl	19L. How often do the following historical losses experienced by your community (not necessarily yourself) come to mind: Loss of respect by our children for traditional ways
p12xlossfla	20A. Now please indicate how you feel when you think about the losses from question 19: Often feel sadness or depression
p12xlossflb	20B. Now please indicate how you feel when you think about the losses from question 19: Often feel anger

VARIABLE	LABEL
p12xlossflc	20C. Now please indicate how you feel when you think about the losses from question 19: Often anxiety or nervousness
p12xlossfld	20D. Now please indicate how you feel when you think about the losses from question 19: Uncomfortable around white people when you think of these losses
p12xlossfle	20E. Now please indicate how you feel when you think about the losses from question 19: Shame when you think of these losses
xlossflf	20F. Now please indicate how you feel when you think about the losses from question 19: Loss of concentration
p12xlossflg	20G. Now please indicate how you feel when you think about the losses from question 19: Feel isolated or distant from other people when you think of these losses
p12xlossflh	20H. Now please indicate how you feel when you think about the losses from question 19: A loss of sleep
p12xlossfli	20I. Now please indicate how you feel when you think about the losses from question 19: Rage
p12xlossflj	20J. Now please indicate how you feel when you think about the losses from question 19: Fearful or distrust the intentions of white people
p12xlossflk	20K. Now please indicate how you feel when you think about the losses from question 19: Feel like it is happening again
p12xlossfll	20L. Now please indicate how you feel when you think about the losses from question 19: Feel like avoiding places or people that remind you of these losses
p13esociala	This scale is an assessment of social support, and is made up of a list of statements, which may or may not be true about you. For each statement (21A - 21O), answer how true it is about you: 21A. If I needed a quick emergency loan of \$30, there is someon
p13esocialb	21B. There is at least one person I know, whose advice I really trust.
p13esocialc	21C. If I needed help around the house (that is, with cleaning or making small repairs), I would have a hard time finding someone to help me without pay.
p13esociald	21D. If I wanted to go play bingo, go to a potluck or powwow, or some other activity, I could easily find someone to go with me.

VARIABLE	LABEL
p13esociale	21E. When I need suggestions for how to deal with a personal worry or problem, I know there is someone I can talk to.
p13esocialf	21F. There are several people that I regularly enjoy spending leisure time with.
p13esocialg	21G. There is really no one I can talk to about money problems
p13esocialh	21H. If I needed help in doing some errands, I could find someone to help me
p13esociali	21I. I know someone I can talk with about my most private thoughts and feelings.
p13esocialj	21J. If I needed a ride early in the morning, I would have a hard time finding anyone to take me
p13esocialk	21K. I often meet or talk with friends or members of my family.
p13esociall	21L. I often get invited to do things with others.
p13esocialm	21M. I feel satisfied with the help I get in doing tasks around the house, taking care of errands, and getting rides
p13esocialn	21N. I feel satisfied with the amount of support I get with personal concerns.
p13esocialo	210. I feel satisfied with how often I talk to, or get together with family and friends
p13fbssnia	The following questions ask about your social support. Please read the following questions and choose the response that most closely describes your current situation. (Questions 22-26) 22.How many close friends do you have, people that you feel at ease wit
p13fbssnil	23. How many relatives do you have, people that you feel at ease with, can talk to about private matters?
p13fbssnim	24. Can you count on anyone to provide you with emotional support (talking over problems or helping you make a difficult decision)?
p13ecommu	25. Do you participate in any groups, such as a senior center, social or work group, religious-connected group, self-help group, or charity, public service, or community group?
p13ecommuhr	26.How many hours each week do you participate in any groups such as a social or work group, church-connected group, self-help group, charity, public service, or community group?
pispirit	Many people find that spirituality or some form of religious practice is important to their health and well-being. Others

VARIABLE	LABEL
	are less concerned with such things. Next are some general questions about spirituality. Please check one answer. 27. How important i
pispiritpr	28. How often do you spend time on religious or spiritual practices?
pispiritfre	29. How often do you seek comfort or guidance through religious or spiritual means?
n_a	Comments:
religionspirituality_v_0	Complete?

#### **Physical Exam**

VARIABLE	LABEL	
IDNO	ID NUMBER	
redcap_repeat_instance	Repeat Instance	
rightarm_cir_cm	Right Arm circumference in centimeters (midway between Acromion and Olecranon)	
right_arm_cm	Right Arm Circumference in centimeters:	
bp_1_systolic	First Seated Blood Pressure: Systolic Measurement	
bp_1_diastolic	First Seated Blood Pressure: Diastolic Measurement	
bp_2_systolic	Second Seated Blood Pressure: Systolic Measurement	
bp_2_diastolic	Second Seated Blood Pressure: Diastolic Measurement	
bp_3_systolic	Third Seated Blood Pressure: Systolic Measurement	
bp_3_diastolic	Third Seated Blood Pressure: Diastolic Measurement	
arm_taken	Were the above blood pressures taken from the right arm?	
not_right_arm	If not taken from the right arm, specify why not:	
height_cm	Standing Height- centimeters	
height_inches	Standing Height- inches	
wight_kg	Standing Weight- kg	
weight_lb	Standing Weight- Ib	
hip_cir_cm	Standing Hip Circumference- centimeters	
hip_cir_in	Standing Hip Circumference- inches	
waist_cir_cm	Supine Waist measurement at umbilicus- centemeters	
waist_cir_in	Supine Waist measurement at umbilicus- inches	
impedence1	Impedence taken?	
no_impedence	If no, due to:	
impedence_right	if impendence was NOT taken on the left side, was Impendence take on right side?	
no_right_impendence	If no, due to:	
reason_not_on_left	What reason could you not take impedence on left foot?	
resistance_1	Resistance	
resistance_2	Resistance	
physical_examination_complete	Complete?	

Variable name: IDNO Question: ID NUMBER

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

## Variable name:data\_entryQuestion:Data entry version: since all survey will be entered twice for qualitycontrol. Please specify if this record is version 1 or version 2

Code or Value	Value description	Skip to item
1	1	
2	2	
888	888	

Variable name:	rsdate
Question:	Survey completion date (mm-dd-yyyy)

Code or Value	Value Description	Skip to item
Date value in MMDDYY10	Range of values	

### Variable name:rs1aQuestion:1A: For each of the following items about spirituality, tell us howmuch you agree or disagree. Spirituality is...the search for meaning and purpose in life.

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Somewhat agree	
3	Neutral	
4	Somewhat disagree	
5	Strongly disagree	
888	Missing	

Variable name:rs1bQuestion:1B: For each of the following items about spirituality, tell us howmuch you agree or disagree. Spirituality is...about your personal relationship with [God].

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Somewhat agree	
3	Neutral	
4	Somewhat disagree	
5	Strongly disagree	
888	Missing	

### Variable name:rs1cQuestion:1C: For each of the following items about spirituality, tell us howmuch you agree or disagree. Spirituality is...the search for enlightenment.

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Somewhat agree	
3	Neutral	
4	Somewhat disagree	
5	Strongly disagree	
888	Missing	

Variable name:rs1dQuestion:1D: For each of the following items about spirituality, tell us howmuch you agree or disagree.Spirituality is...a connection to all of life that goes beyondthe physical world.

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Somewhat agree	
3	Neutral	
4	Somewhat disagree	
5	Strongly disagree	
888	Missing	

### Variable name:rs1eQuestion:1E: For each of the following items about spirituality, tell us howmuch you agree or disagree.Spirituality is...embracing the traditions of my Ancestors

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Somewhat agree	
3	Neutral	
4	Somewhat disagree	
5	Strongly disagree	
888	Missing	

#### Variable name: rs1f Question: 1b: Which one of the above is closest to your own definition of spirituality? (Choose one.)

Code or Value	Value description	Skip to item
1	The search for meaning and purpose in life	
2	About your personal relationship with [God] / the Creator	
3	The search for enlightenment	
4	A connection to all of life that goes beyond the physical world	
5	Embracing the traditions of my Ancestors	
6	None of the above	
888	Missing	

### Variable name:rs2aQuestion:2A. Being religious is...identifying with a shared set of practices orbeliefs about the right way to live.

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Somewhat agree	
3	Neutral	
4	Somewhat disagree	
5	Strongly disagree	
888	Missing	

Variable name:rs2bQuestion:2B. Being religious is...making efforts to strengthen your faith<br/>through membership in a particular church, temple, mosque or other faith community.

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Somewhat agree	
3	Neutral	
4	Somewhat disagree	
5	Strongly disagree	
888	Missing	

### Variable name:rs2cQuestion:2C. Being religious is...following formal teachings or doctrines.

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Somewhat agree	
3	Neutral	
4	Somewhat disagree	
5	Strongly disagree	
888	Missing	

### Variable name:rs2dQuestion:2D. Being religious is...about your personal relationship with [God].

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Somewhat agree	
3	Neutral	
4	Somewhat disagree	
5	Strongly disagree	
888	Missing	

## Variable name:rs2eQuestion:2b. Which one of the above is closest to your own definition of<br/>religious?(Choose one.)

Code or Value	Value description	Skip to item
1	Identifying with a shared set of practices or beliefs about the right way to live	
2	Making efforts to strengthen your faith through membership in a particular church, temple, mosque or other faith community	
3	Following formal teachings or doctrines	
4	About your personal relationship with [God]	
5	None of the above	
888	Missing	

Variable name:rs2fQuestion:2c. To what extent do you view organized religion as positive ornegative?

Code or Value	Value description	Skip to item
1	Very positive	
2	Positive	
3	Neutral or mixed	
4	Negative	
5	Very negative	
888	Missing	

### Variable name:rs3aQuestion:3. Which of the statements best describes you: (Choose one.)

Code or Value	Value description	Skip to item
1	I am both spiritual and religious	
2	l am spiritual, but not religious	
3	l am religious, but not spiritual	
4	I am neither spiritual nor religious	
888	Missing	

# Variable name:rs4aQuestion:4. To what extent do you consider yourself a religious or spiritualperson?

Code or Value	Value description	Skip to item
1	Very	
2	Moderately	
3	Slightly	
4	Not at all	
888	Missing	

## Variable name:rsrelig\_\_\_1Question:5. What is your religious preference? (Mark all that apply.) (choice=1.Catholic/Roman Catholic)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

# Variable name:rsrelig\_\_\_2Question:5. What is your religious preference? (Mark all that apply.) (choice=2.Mormon)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

# Variable name:rsrelig\_\_\_3Question:5. What is your religious preference? (Mark all that apply.) (choice=3.Jehovahs Witness)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

Variable name:rsrelig\_\_\_4Question:5. What is your religious preference? (Mark all that apply.) (choice=4.Agnostic)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

Code or Value	Value description	Skip to item
0	No	
1	Yes	

# Variable name:rsrelig\_\_\_6Question:5. What is your religious preference? (Mark all that apply.) (choice=6.Unitarian)

Code or Value	Value description	Skip to item
0	No	

### Variable name:rsrelig\_\_\_7Question:5. What is your religious preference? (Mark all that apply.) (choice=7.Traditional Native American Practices)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

# Variable name:rsrelig\_\_\_8Question:5. What is your religious preference? (Mark all that apply.) (choice=8.Atheist (there is no God))

Code or Value	Value description	Skip to item
0	No	
1	Yes	

#### Variable name: rsrelig\_\_\_9 Question: 5. What is your religious preference? (Mark all that apply.) (choice=9. Other Christian (answer 5b))

Code or Value	Value description	Skip to item
0	No	
1	Yes	

## Variable name:rsrelig\_\_\_10Question:5. What is your religious preference? (Mark all that apply.)(choice=10. Jewish)

Code or Value	Value description	Skip to item
0	No	

## Variable name:rsrelig\_\_\_11Question:5. What is your religious preference? (Mark all that apply.)(choice=11. Native American Church)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

# Variable name:rsrelig\_\_\_12Question:5. What is your religious preference? (Mark all that apply.)(choice=12. I do not belong to any religion)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

### Variable name:rsrelig\_\_\_13Question:5. What is your religious preference? (Mark all that apply.)(choice=13. Protestant (answer 5b))

Code or Value	Value description	Skip to item
0	No	
1	Yes	

#### Variable name: rsrelig\_\_\_14 Question: 5. What is your religious preference? (Mark all that apply.) (choice=14. Buddhist)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

# Variable name:rsrelig\_\_\_15Question:5. What is your religious preference? (Mark all that apply.)(choice=15. Bahai)

Code or Value	Value description	Skip to item
0	No	

# Variable name:rsrelig\_\_\_16Question:5. What is your religious preference? (Mark all that apply.)(choice=16. Other)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

### Variable name:rsotherddQuestion:5b. Other, please specify

Code or Value	Value Description	Skip to item
Open text field blank		

### Variable name:rs6aQuestion:6. How often do you attend religious services?

Code or Value	Value description	Skip to item
1	Never	
2	Rarely	
3	About once a month	
4	2-3 times per month	
5	Once a week	
6	Several times per week	
888	Missing	

### Variable name:rs6bQuestion:6b. How often do you attend Ceremony?

Code or Value	Value description	Skip to item
1	Never	
2	Rarely	
3	About once a month	
4	2-3 times per month	
5	Once a week	
6	Several times per week	
888	Missing	

Variable name:rs7aQuestion:7. Are you a part of a religious congregation or community (orspiritual circle)?

Code or Value	Value description	Skip to item
1	Yes	
2	No	
888	Missing	

# Variable name:rs7b\_\_\_1Question:7b. If yes, where do you attend? (Mark all that apply.) (choice=1.Church)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

# Variable name:rs7b\_\_\_2Question:7b. If yes, where do you attend? (Mark all that apply.) (choice=2.Hindu Temple or Mandir)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

### Variable name:rs7b\_\_\_3Question:7b. If yes, where do you attend? (Mark all that apply.) (choice=3.Ceremonial meeting place (e.g., Sweat Lodge))

Code or Value	Value description	Skip to item
0	No	
1	Yes	

Variable name:	rs7b4
Question:	7b. If yes, where do you attend? (Mark all that apply.) (choice=4.
Mosque)	

Code or Value	Value description	Skip to item
0	No	
1	Yes	

## Variable name:rs7b\_\_\_5Question:7b. If yes, where do you attend? (Mark all that apply.) (choice=5.Jewish Temple or Synagogue)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

## Variable name:rs7b\_\_\_6Question:7b. If yes, where do you attend? (Mark all that apply.) (choice=6.Small religious group at someones home)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

Variable name:	rs7b7
Question:	7b. If yes, where do you attend? (Mark all that apply.) (choice=7.
Other)	

Code or Value	Value description	Skip to item
0	No	
1	Yes	

#### Variable name: rs7b\_other Question: 7b\_other: if choose other\_\_, please specify

Code or Value	Value Description	Skip to item
Open text field blank		

### Variable name:rs8aQuestion:8A. How often does someone in your congregation or religiouscommunity (or spiritual circle) show that they love or care for you?

Code or Value	Value description	Skip to item
1	Very often	
2	Fairly often	
3	Once in a while	
4	Never	
888	Missing	

Variable name:rs8bQuestion:8B. How often do you show someone in your congregation or<br/>religious community (or spiritual circle) that you love or care for them?

Code or Value	Value description	Skip to item
1	Very often	
2	Fairly often	
3	Once in a while	
4	Never	
888	Missing	

Variable name:rs8cQuestion:8C. How often are people in your congregation or religiouscommunity (or spiritual circle) critical of you or your lifestyle?

Code or Value	Value description	Skip to item
1	Very often	
2	Fairly often	
3	Once in a while	
4	Never	
888	Missing	

### Variable name:rs8dQuestion:8D. How often do you feel ignored or neglected by people in yourcongregation or religious community (or spiritual circle)?

Code or Value	Value description	Skip to item
1	Very often	
2	Fairly often	
3	Once in a while	
4	Never	
888	Missing	

Variable name:rs9aQuestion:9A. My church or religious community (or spiritual circle) offerssocial services (e.g., food pantry, legal or financial help, childcare, education, health careservices) beyond religious services.

Code or Value	Value description	Skip to item
1	Yes	
2	No	
3	Don't know	
888	Missing	

Variable name:rs9bQuestion:9B. In the past, I or a family member have been helped by a non-<br/>religious program or service that my church or religious community (or spiritual circle)<br/>provides.

Code or Value	Value description	Skip to item
1	Yes	
2	No	
3	Don't know	
888	Missing	

## Variable name:rs9cQuestion:9C. In the past year, I have volunteered at my church or religiouscommunity (or spiritual circle) to help provide a non-religious service to the community.

Code or Value	Value description	Skip to item
1	Yes	
2	No	
3	Don't know	
888	Missing	

#### Variable name: rs9d

#### Question: 9D. If I had problems and needed help, my church or religious community (or spiritual circle) would help me out.

Code or Value	Value description	Skip to item
1	Yes	
2	No	
3	Don't know	
888	Missing	

## Variable name:rs10aQuestion:10A. How often do you do the following? Pray in a group other than<br/>a religious service

Code or Value	Value description	Skip to item
1	Never	
2	Several times a year	
3	Several times a month	
4	Once a week	
5	More than once a week	
6	Once a day	
7	Several times a day	
888	Missing	

#### Variable name:rs10bQuestion:10B. How often do you do the following? Pray by yourself.

Code or Value	Value description	Skip to item
1	Never	
2	Several times a year	
3	Several times a month	
4	Once a week	
5	More than once a week	
6	Once a day	
7	Several times a day	
888	Missing	

Variable name:rs10cQuestion:10C. How often do you do the following? When you are by yourself,how often do you pray for others?

Code or Value	Value description	Skip to item
1	Never	
2	Several times a year	
3	Several times a month	
4	Once a week	
5	More than once a week	
6	Once a day	
7	Several times a day	
888	Missing	

#### Variable name:rs10dQuestion:10D. How often do you do the following? Read scriptures.

Code or Value	Value description	Skip to item
1	Never	
2	Several times a year	
3	Several times a month	
4	Once a week	
5	More than once a week	
6	Once a day	
7	Several times a day	
888	Missing	

Variable name:rs10eQuestion:10E. How often do you do the following? Meditate (i.e., mindfulness,silent reflection).

Code or Value	Value description	Skip to item
1	Never	
2	Several times a year	
3	Several times a month	
4	Once a week	
5	More than once a week	
6	Once a day	
7	Several times a day	
888	Missing	

## Variable name:rs10fQuestion:10F. How often do you do the following? Practice yoga or<br/>pranayama.

Code or Value	Value description	Skip to item
1	Never	
2	Several times a year	
3	Several times a month	
4	Once a week	
5	More than once a week	
6	Once a day	
7	Several times a day	
888	Missing	

#### Variable name:rs10gQuestion:10G. How often do you do the following? Tai Chi or Qi Gong.

Code or Value	Value description	Skip to item
1	Never	
2	Several times a year	
3	Several times a month	
4	Once a week	
5	More than once a week	
6	Once a day	
7	Several times a day	
888	Missing	

#### Variable name:rs10hQuestion:10H. How often do you do the following? Sweat Lodge

Code or Value	Value description	Skip to item
1	Never	
2	Several times a year	
3	Several times a month	
4	Once a week	
5	More than once a week	
6	Once a day	
7	Several times a day	
888	Missing	

#### Variable name:rs10iQuestion:10l. How often do you do the following? Tobacco Offering

Code or Value	Value description	Skip to item
1	Never	
2	Several times a year	
3	Several times a month	
4	Once a week	
5	More than once a week	
6	Once a day	
7	Several times a day	
888	Missing	

#### Variable name:rs10jQuestion:10J. How often do you do the following? Smudge or purification

Code or Value	Value description	Skip to item
1	Never	
2	Several times a year	
3	Several times a month	
4	Once a week	
5	More than once a week	
6	Once a day	
7	Several times a day	
888	Missing	

Variable name:rs11aQuestion:11A. Please mark the response that best describes how you feel: Ibelieve in life after death.

Code or Value	Value description	Skip to item
1	Definitely true of me	
2	Tends to be true of me	
3	Unsure	
4	Tends not to be true of me	
5	Definitely not true of me	
888	Missing	

## Variable name:rs11bQuestion:11B. Please mark the response that best describes how you feel: Ibelieve that God exists.

Code or Value	Value description	Skip to item
1	Definitely true of me	
2	Tends to be true of me	
3	Unsure	
4	Tends not to be true of me	
5	Definitely not true of me	
888	Missing	

Variable name:rs12aQuestion:12A. Please mark the response that best describes how you feel: Ifeel God's love or care for me, through others.

Code or Value	Value description	Skip to item
1	Definitely true of me	
2	Tends to be true of me	
3	Unsure	
4	Tends not to be true of me	
5	Definitely not true of me	
888	Missing	

### Variable name:rs12bQuestion:12B. Please mark the response that best describes how you feel:God gives me the strength to do things that I otherwise could not do myself.

Code or Value	Value description	Skip to item
1	Definitely true of me	
2	Tends to be true of me	
3	Unsure	
4	Tends not to be true of me	
5	Definitely not true of me	
888	Missing	

Variable name:rs12cQuestion:12C. Please mark the response that best describes how you feel:God's spirit dwells in my body.

Code or Value	Value description	Skip to item
1	Definitely true of me	
2	Tends to be true of me	
3	Unsure	
4	Tends not to be true of me	
5	Definitely not true of me	
888	Missing	

## Variable name:rs12dQuestion:12D. Please mark the response that best describes how you feel: Idesire to be closer to God, or in union with God.

Code or Value	Value description	Skip to item
1	Definitely true of me	
2	Tends to be true of me	
3	Unsure	
4	Tends not to be true of me	
5	Definitely not true of me	
888	Missing	

Variable name:rs12eQuestion:12E. Please mark the response that best describes how you feel:God loves or cares for me unconditionally, in a way that I could never earn.

Code or Value	Value description	Skip to item
1	Definitely true of me	
2	Tends to be true of me	
3	Unsure	
4	Tends not to be true of me	
5	Definitely not true of me	
888	Missing	

### Variable name:rs12fQuestion:12F. Please mark the response that best describes how you feel:Throughout my life, God has come through for me.

Code or Value	Value description	Skip to item
1	Definitely true of me	
2	Tends to be true of me	
3	Unsure	
4	Tends not to be true of me	
5	Definitely not true of me	
888	Missing	

Variable name:rs12gQuestion:12G. Please mark the response that best describes how you feel: Myrelationship with God is what really lies behind my whole approach to life.

Code or Value	Value description	Skip to item
1	Definitely true of me	
2	Tends to be true of me	
3	Unsure	
4	Tends not to be true of me	
5	Definitely not true of me	
888	Missing	

## Variable name:rs12hQuestion:12H. Please mark the response that best describes how you feel:When I pray, I feel a deep sense of closeness with God.

Code or Value	Value description	Skip to item
1	Definitely true of me	
2	Tends to be true of me	
3	Unsure	
4	Tends not to be true of me	
5	Definitely not true of me	
888	Missing	

Variable name:rs12iQuestion:12I. Please mark the response that best describes how you feel: I tryto express my gratitude to God in my daily life.

Code or Value	Value description	Skip to item
1	Definitely true of me	
2	Tends to be true of me	
3	Unsure	
4	Tends not to be true of me	
5	Definitely not true of me	
888	Missing	

## Variable name:rs12jQuestion:12J. Please mark the response that best describes how you feel:God is the center of my life.

Code or Value	Value description	Skip to item
1	Definitely true of me	
2	Tends to be true of me	
3	Unsure	
4	Tends not to be true of me	
5	Definitely not true of me	
888	Missing	

Variable name:rs13aQuestion:13. To what extent is your religion or spirituality involved in<br/>understanding or dealing with stressful situations?

Code or Value	Value description	Skip to item
1	Not at all	
2	Not very much	
3	Somewhat	
4	Very much so	
888	888	

## Variable name:rs14aQuestion:14A. In facing recent stressful life events: I saw my situation as partof [God]'s plan

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

Variable name:rs14bQuestion:14B. In facing recent stressful life events: I tried to see how [God]might be trying to strengthen me in these situations.

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

Variable name:rs14cQuestion:14C. In facing recent stressful life events: I wondered what I did forGod to punish me.1

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

## Variable name:rs14dQuestion:14D. In facing recent stressful life events: I wondered if [God]allowed this event to happen to me because of my wrongdoings.

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

Variable name:rs14kQuestion:14E. In facing recent stressful life events: I sought [God]'s love orcare.14E. In facing recent stressful life events: I sought [God]'s love or

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

Variable name:rs14lQuestion:14F. In facing recent stressful life events: I trusted that [God] wouldbe by my side.

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

## Variable name:rs14gQuestion:14G. In facing recent stressful life events: I tried to make sense of<br/>the situation with [God].

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

Variable name: rs14h Question: 14H. In facing recent stressful life events: I worked together with [God] to relieve my worries.

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

Variable name:rs14iQuestion:14l. In facing recent stressful life events: I did what I could and put<br/>the rest in [God]'s hands.

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

## Variable name:rs14jQuestion:14J. In facing recent stressful life events: I took control over what Icould, and gave the rest up to [God].

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

#### Variable name:rs14eQuestion:14K. In facing recent stressful life events: I believed [the devil] orevil spirits were responsible for my situation

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

## Variable name:rs14fQuestion:14L. In facing recent stressful life events: I felt as though [the devil]or an evil spirit was trying to turn me away from [God].

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

## Variable name:rs14mQuestion:14M. In facing recent stressful life events: I wondered whether [God]had abandoned me.

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

Variable name:rs14nQuestion:14N. In facing recent stressful life events: I questioned [God]'s loveor care for me.14N. In facing recent stressful life events: I questioned [God]'s love

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

Variable name:rs140Question:140. In facing recent stressful life events: I felt confused about myreligious or spiritual beliefs.

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

### Variable name:rs14pQuestion:14P. In facing recent stressful life events: I felt troubled by doubts or<br/>questions about my religion or spirituality

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

Variable name:rs14qQuestion:14Q. In facing recent stressful life events: I felt hopeful that [God]would help me get through one day at a time.

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

Variable name:rs14rQuestion:14R. In facing recent stressful life events: I looked to my faith in[God] for hope about the future.

Code or Value	Value description	Skip to item
1	A great deal	
2	Quite a bit	
3	Somewhat	
4	Not at all	
888	Missing	

# Variable name:rs15Question:15. When you think about [God] in relationship to people who aresuffering from life-threatening illness, which of the following is closest to your view?(Choose one.)

Code or Value	Value description	Skip to item
A	I believe that [God] intervenes to cure people who are sick by performing miracles or other special types of physical healing.	
В	I believe that [God] provides companionship, strength, and comfort, but does not typically intervene to perform a miracle.	
blank	Missing	

#### Variable name:rs16aQuestion:16. When you think about [God] in relationship to your health, whichof the following is closest to your own view? (Choose one.)

Code or Value	Value description	Skip to item
A	My health is determined by my own actions and behaviors.	
В	When it comes to my health, [God] and I both have a role to play.	
C	[God] determines my health, regardless of my own actions and behaviors.	
blank	Missing	

## Variable name:rs17aQuestion:17A. [God] gave me the ability to make good choices, and so when Iface a difficult situation it is up to me to figure out the right thing to do.

Code or Value	Value description	Skip to item
1	Definitely true of me	
2	Tends to be true of me	
3	Unsure	
4	Tends not to be true of me	
5	Definitely not true of me	
888	Missing	

Variable name:rs17bQuestion:17B. When I face a difficult situation, I bring it to [God] and togetherwe figure out the best way to handle it.

Code or Value	Value description	Skip to item
1	Definitely true of me	
2	Tends to be true of me	
3	Unsure	
4	Tends not to be true of me	
5	Definitely not true of me	
888	Missing	

## Variable name:rs17cQuestion:17C. When I face a difficult situation, I turn it over to [God] knowingthat [God] will work things out according to [God]'s plan.

Code or Value	Value description	Skip to item
1	Definitely true of me	
2	Tends to be true of me	
3	Unsure	
4	Tends not to be true of me	
5	Definitely not true of me	
888	Missing	

Variable name:rs18aQuestion:18A. Please indicate how much you agree or disagree with each of<br/>the following statements: I have so much in life to be thankful for.

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Somewhat agree	
3	Neutral	
4	Somewhat disagree	
5	Strongly disagree	
888	Missing	
999	Question not asked	

Variable name:rs18bQuestion:18B. Please indicate how much you agree or disagree with each of<br/>the following statements: If I had to list everything that I felt grateful for, it would be a<br/>very long list.

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Somewhat agree	
3	Neutral	
4	Somewhat disagree	
5	Strongly disagree	
888	Missing	
999	Question not asked	

Variable name:rs19aQuestion:19. Have there been many people you can't forgive because they didor said something to you a long time ago?

Code or Value	Value description	Skip to item
1	Yes	
2	No	
888	Missing	
999	Question not asked	

## Variable name:rs20aQuestion:20A. Before I can forgive others, they must promise not to do the<br/>same thing again.

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Agree	
3	Disagree	
4	Strongly disagree	
888	Missing	
999	Question not asked	

Variable name:rs20bQuestion:20B. I find it hard to forgive myself for some of the things I have<br/>done wrong.

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Agree	
3	Disagree	
4	Strongly disagree	
888	Missing	
999	Question not asked	

#### Variable name:rs20cQuestion:20C. I have forgiven those who have hurt me.

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Agree	
3	Disagree	
4	Strongly disagree	
888	Missing	
999	Question not asked	

## Variable name:rs20dQuestion:20D. I feel that others have not forgiven me for things that I have<br/>done.

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Agree	
3	Disagree	
4	Strongly disagree	
888	Missing	
999	Question not asked	

#### Variable name:rs20eQuestion:20E. I have trouble finding peace of mind.

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Agree	
3	Disagree	
4	Strongly disagree	
888	Missing	
999	Question not asked	

#### Variable name:rs20fQuestion:20F. I have a sense of direction and purpose in life.

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Agree	
3	Disagree	
4	Strongly disagree	
888	Missing	
999	Question not asked	

Variable name:	rs20g
Question:	20G. I'm not sure my life adds up to much.

Code or Value	Value description	Skip to item
1	Strongly agree	
2	Agree	
3	Disagree	
4	Strongly disagree	
888	Missing	
999	Question not asked	

## Variable name:rs21aQuestion:21A. How often do you experience the following: I experience aconnection to all of life.

Code or Value	Value description	Skip to item
1	Many times a day	
2	Everyday	
3	Some days	
4	Once in a while	
5	Never	
888	Missing	
999	Question not asked	

#### Variable name:rs21bQuestion:21B. I feel deep inner peace or harmony.

Code or Value	Value description	Skip to item
1	Many times a day	
2	Everyday	
3	Some days	
4	Once in a while	
5	Never	
888	Missing	
999	Question not asked	

#### Variable name:rs21cQuestion:21C. I am touched by the beauty of creation.

Code or Value	Value description	Skip to item
1	Many times a day	
2	Everyday	
3	Some days	
4	Once in a while	
5	Never	
888	Missing	
999	Question not asked	

#### Variable name:rs21dQuestion:21D. I feel a selfless caring for others.

Code or Value	Value description	Skip to item
1	Many times a day	
2	Everyday	
3	Some days	
4	Once in a while	
5	Never	
888	Missing	
999	Question not asked	

Variable name:incomehsldQuestion:1.Last year, what was your total household income before taxesfrom all household members? Please include income from all sources (such as socialsecurity, stocks, alimony, and child support in the past year).

Code or Value	Value description	Skip to item
1	Less than \$10,000	
2	\$10,001- \$15,000	
3	\$15,001- \$20,000	
4	\$20,001-\$25,000	
5	\$25,001-\$30,000	
6	\$30,001-\$50,000	
7	\$50,001-\$70,000	
8	\$70,001-\$90,000	
9	\$90,001- \$110,000	
10	More than \$110,000	
555	Refused	
888	Missing	

Variable name:p6afindepenQuestion:1B. Last year, how many people, including yourself, were supportedby this household income?

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

## Variable name:edumotherQuestion:2A. When you were a child, what was the highest grade/level ofeducation achieved by: Mother

Code or Value	Value description	Skip to item
1	No schooling	
2	Grades 1-8	
3	Grades 9-11	
4	High school degree or GED	
5	Some college or vocational school	
6	College graduate or higher	
666	Don't know/not applicable	
888	Missing	

#### Variable name:edufatherQuestion:2B. When you were a child, what was the highest grade/level ofeducation achieved by: Father

Code or Value	Value description	Skip to item
1	No schooling	
2	Grades 1-8	
3	Grades 9-11	
4	High school degree or GED	
5	Some college or vocational school	
6	College graduate or higher	
666	Don't know/not applicable	
888	Missing	

## Variable name:eduprimQuestion:2C. When you were a child, what was the highest grade/level ofeducation achieved by: Other primary caretaker

Code or Value	Value description	Skip to item
1	No schooling	
2	Grades 1-8	
3	Grades 9-11	
4	High school degree or GED	
5	Some college or vocational school	
6	College graduate or higher	
666	Don't know/not applicable	
888	Missing	

## Variable name:p6bhouseinfQuestion:3. Did your parents own a home during first 10 years of yourchildhood?

Code or Value	Value description	Skip to item
0	No	
1	Yes	
888	Missing	

## Variable name:p6emnyfoodcQuestion:4A. When you were a child or a teenager, was there at least one timewhen your household: Did not have enough money for food or housing? (Up to Age 11)

Code or Value	Value description	Skip to item
0	No	
1	Yes	
666	Don't know	
888	Missing	

#### Variable name: p6emnyassisc

Question: 4B. When you were a child or a teenager, was there at least one time when your household: Received public assistance, welfare, or had to rely on the charity of others to get by? (Up to Age 11)

Code or Value	Value description	Skip to item
0	No	
1	Yes	
666	Don't know	
888	Missing	

#### Variable name: p6emnyfoodt

Question: 4C. When you were a child or a teenager, was there at least one time when your household: Did not have enough money for food or housing?(Age 12-18)

Code or Value	Value description	Skip to item
0	No	
1	Yes	
666	Don't know	
888	Missing	

#### Variable name: p6emnyassist Question: 4D. When you were a child or a teenager, was there at least one time when your household: Received public assistance, welfare, or had to rely on the charity of others to get by?(Age 12-18)

Code or Value	Value description	Skip to item
0	No	
1	Yes	
666	Don't know	
888	Missing	

Variable name:p10aloss\_\_\_1Question:5. Before the age of 18, did you lose (either from death or prolongedseparation/desertion) any of the following? (Mark all that apply) (choice=1. Mother)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

Variable name:p10aloss\_\_\_2Question:5. Before the age of 18, did you lose (either from death or prolonged<br/>separation/desertion) any of the following? (Mark all that apply) (choice=2. Father)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

# Variable name:p10aloss\_\_\_3Question:5. Before the age of 18, did you lose (either from death or prolonged<br/>separation/desertion) any of the following? (Mark all that apply) (choice=3. A loved<br/>one(not a parent))

Code or Value	Value description	Skip to item
0	No	
1	Yes	

Variable name:p10aloss\_\_\_4Question:5. Before the age of 18, did you lose (either from death or prolonged<br/>separation/desertion) any of the following? (Mark all that apply) (choice=4. Caregiver)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

Variable name:p10aloss\_\_\_5Question:5. Before the age of 18, did you lose (either from death or prolonged<br/>separation/desertion) any of the following? (Mark all that apply) (choice=5. Not<br/>Applicable)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

# Variable name:p10aloss\_\_\_999Question:5. Before the age of 18, did you lose (either from death or prolonged<br/>separation/desertion) any of the following? (Mark all that apply) (choice=999. Question<br/>not asked)

Code or Value	Value description	Skip to item
0	No	
1	Yes	

#### Variable name: p10actsca

Question: 6Ai. When I was a child or teenager, people have done the following to me (outside of normal play with siblings or peers): up to Age 11 Someone...:pushed, grabbed, or shoved me

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

Variable name:p10actscbQuestion:6Aii. When I was a child or teenager, people have done the followingto me (outside of normal play with siblings or peers): up to Age 11 Someone...:threwsomething at me that could hurt me

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

Variable name:p10actsccQuestion:6Aiii. When I was a child or teenager, people have done thefollowing to me (outside of normal play with siblings or peers): up to Age 11 Someone...:kicked, bit, or punched me

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

Variable name:p10actscdQuestion:6Aiv. When I was a child or teenager, people have done thefollowing to me (outside of normal play with siblings or peers): up to Age 11 Someone...:hit me with something including hand or fist

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

Variable name:p10actsceQuestion:6Av. When I was a child or teenager, people have done the followingto me (outside of normal play with siblings or peers): up to Age 11 Someone...: chokedor burned me

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

Variable name:p10actscfQuestion:6Avi. When I was a child or teenager, people have done thefollowing to me (outside of normal play with siblings or peers): up to Age 11 Someone...:physically attacked me in some other way

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

# Variable name:p10actscgQuestion:6Avii. When I was a child or teenager, people have done thefollowing to me (outside of normal play with siblings or peers): up to Age 11 Someone...:exposed their genitals against my will

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

Variable name:p10actschQuestion:6Aviii. When I was a child or teenager, people have done thefollowing to me (outside of normal play with siblings or peers): up to Age 11 Someone...:was sexual with me against my will

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

Variable name:p10actsciQuestion:6Aix. When I was a child or teenager, people have done thefollowing to me (outside of normal play with siblings or peers): up to Age 11 Someone...:seriously harmed someone I loved

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

Variable name:p10actstaQuestion:6Bi. When I was a child or teenager, people have done the following<br/>to me (outside of normal play with siblings or peers): up to Age 12 Someone...:pushed,<br/>grabbed, or shoved me

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

Variable name:p10actstbQuestion:6Bii. When I was a child or teenager, people have done the following<br/>to me (outside of normal play with siblings or peers): up to Age 12 Someone...:threw<br/>something at me that could hurt me

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

Variable name:p10actstcQuestion:6Biii. When I was a child or teenager, people have done thefollowing to me (outside of normal play with siblings or peers): up to Age 12 Someone...:kicked, bit, or punched me

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

# Variable name:p10actstdQuestion:6Biv. When I was a child or teenager, people have done thefollowing to me (outside of normal play with siblings or peers): up to Age 12 Someone...:hit me with something including hand or fist

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

Variable name:p10actsteQuestion:6Bv. When I was a child or teenager, people have done the followingto me (outside of normal play with siblings or peers): up to Age 12 Someone...: choked orburned me

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

Variable name:p10actstfQuestion:6Bvi. When I was a child or teenager, people have done thefollowing to me (outside of normal play with siblings or peers): up to Age 12 Someone...:physically attacked me in some other way

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

Variable name:p10actstgQuestion:6Bvii. When I was a child or teenager, people have done thefollowing to me (outside of normal play with siblings or peers): up to Age 12 Someone...:Exposed their genitals against my will

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

Variable name:p10actsthQuestion:6Bviii. When I was a child or teenager, people have done thefollowing to me (outside of normal play with siblings or peers): up to Age 12 Someone...:was sexual with me against my will

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

Variable name:p10actstiQuestion:6Bix. When I was a child or teenager, people have done thefollowing to me (outside of normal play with siblings or peers): up to Age 12 Someone...:seriously harmed someone I loved

Code or Value	Value description	Skip to item
1	Never	
2	1 to 3 Times	
3	4 or more Times	
888	Missing	
999	Question not asked	

#### Variable name:p10actqzQuestion:7A. When I was growing up... I didn't have enough to eat

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

Variable name:p10actqadQuestion:7B. When I was growing up... I knew that there was someone to takecare of me and protect me.

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

### Variable name:p10actqaQuestion:7C. When I was growing up...People in my family called me thingslike stupid, lazy, or ugly

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

Variable name:p10actqaeQuestion:7D. When I was growing up...My parents were too drunk or high<br/>to take care of the family.

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

#### Variable name:p10actqfQuestion:7E. When I was growing up...There was someone in my familywho helped me feel important and special

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

#### Variable name:p10actqabQuestion:7F. When I was growing up...I had to wear dirty clothes

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

#### Variable name:p10actqgQuestion:7G. When I was growing up...I felt loved

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

### Variable name:p10actqbQuestion:7H. When I was growing up...I thought that my parents wished Ihad never been born

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

### Variable name:p10actqkQuestion:7I. When I was growing up...I got hit so hard by someone in myfamily that I had to go see a doctor or go to the hospital

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

### Variable name:p10actqafQuestion:7J. When I was growing up...There was nothing I wanted to<br/>change about my family

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

### Variable name:p10actqlQuestion:7K. When I was growing up...People in my family hit me so hardthat it left me with bruises or marks

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

### Variable name:p10actqmQuestion:7L. When I was growing up...I was punished with a belt, a board, acord, or some other hard object

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

### Variable name:p10actqhQuestion:7M. When I was growing up...People in my family looked out foreach other7M. When I was growing up...People in my family looked out for

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

Variable name:p10actqcQuestion:7N. When I was growing up...People in my family said hurtfulthings to me70. When I was growing up...People in my family said hurtful

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

#### Variable name:p10actqnQuestion:70. When I was growing up...I believe that I was physically abused

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

#### Variable name:p10actqagQuestion:7P. When I was growing up...I had the perfect childhood

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

#### Variable name: p10actqo

Question: 7Q. When I was growing up... I got hit or beaten so badly that it was noticed by someone like a teacher, neighbor, or doctor

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

### Variable name:p10actqdQuestion:7R. When I was growing up...I felt that someone in my family hatedme.

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

Variable name:p10actqiQuestion:7S. When I was growing up...People in my family felt close to each<br/>other.

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

### Variable name:p10actqxQuestion:7T. When I was growing up...Someone tried to touch me in asexual way or tried to make me touch them

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

### Variable name:p10actqyQuestion:7U. When I was growing up...Someone threatened to hurt me or telllies about me unless I did something sexual with them.

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

#### Variable name:p10actqahQuestion:7V. When I was growing up...I had the best family in the world.

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

## Variable name:p10actqwQuestion:7W. When I was growing up... Someone tried to make me do sexualthings or watch sexual things

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

#### Variable name:p10actqvQuestion:7X. When I was growing... Someone molested me

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

#### Variable name:p10actqeQuestion:7Y. When I was growing... I believe that I was emotionally abused

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

### Variable name:p10actqaiQuestion:7Z. When I was growing... There was someone to take me to thedoctor if I needed it72. When I was growing... There was someone to take me to the

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

#### Variable name:p10actquQuestion:7AA. When I was growing... I believe that I was sexually abused

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

## Variable name:p10actqjQuestion:7BB. When I was growing... My family was a source of strength andsupport

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Sometimes True	
4	Often True	
5	Very Often True	
888	Missing	

#### Variable name:p9esf36aQuestion:8. In general, would you say your health is:

Code or Value	Value description	Skip to item
1	Excellent	
2	Very good	
3	Good	
4	Fair	
5	Poor	
888	Missing	

Variable name: p9esf36d Question: 9A. The following items are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf.

Code or Value	Value description	Skip to item
1	Yes, limited a lot	
2	Yes, limited a little	
3	No, not limited at all	
888	Missing	
999	Question not asked	

Variable name:p9esf36fQuestion:9B. The following items are about activities you might do during atypical day.Does your health now limit you in these activities? If so, howmuch?Climbing several flights of stairs.

Code or Value	Value description	Skip to item
1	Yes, limited a lot	
2	Yes, limited a little	
3	No, not limited at all	
888	Missing	
999	Question not asked	

Variable name:p9esf36pQuestion:10A. During the past 4 weeks, have you had any of the following<br/>problems with your work or other regular daily activities as a result of your physical<br/>health? Accomplished less than you would like.

Code or Value	Value description	Skip to item
0	No	
1	Yes	
888	Missing	
999	Question not asked	

Variable name:p9esf36qQuestion:10B. During the past 4 weeks, have you had any of the followingproblems with your work or other regular daily activities as a result of your physicalhealth? Were limited in the kind of work or other activities

Code or Value	Value description	Skip to item
0	No	
1	Yes	
888	Missing	
999	Question not asked	

Variable name: p9esf36t Question: 11A. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would like

Code or Value	Value description	Skip to item
0	No	
1	Yes	
888	Missing	
999	Question not asked	

Variable name: p9esf36u Question: 11B. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Didn't do work or other activities as carefully as usual

Code or Value	Value description	Skip to item
0	No	
1	Yes	
888	Missing	
999	Question not asked	

## Variable name:p9esf36xQuestion:12. During the past 4 weeks, how much did pain interfere with yournormal work (including both work outside the home and housework)?

Code or Value	Value description	Skip to item
1	Not at all	
2	A little bit	
3	Moderately	
4	Quite a bit	
5	Extremely	
888	Missing	
999	Question not asked	

Variable name: p9esf36ab Question: 13A. These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks - Have

Code or Value	Value description	Skip to item
1	All of the time	
2	Most of the time	
3	A good bit of the time	
4	Some of the time	
5	A little of the time	
6	None of the time	
888	Missing	
999	Question not asked	

Variable name: p9esf36ac

Question: 13B. These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks - Did

Code or Value	Value description	Skip to item
1	All of the time	
2	Most of the time	
3	A good bit of the time	
4	Some of the time	
5	A little of the time	
6	None of the time	
888	Missing	
999	Question not asked	

Variable name: p9esf36ad Question: 13C. These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks - Have

Code or Value	Value description	Skip to item
1	All of the time	
2	Most of the time	
3	A good bit of the time	
4	Some of the time	
5	A little of the time	
6	None of the time	
888	Missing	
999	Question not asked	

Variable name: p9esf36ah

Question: 14. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc.)?

Code or Value	Value description	Skip to item
1	All of the time	
2	Most of the time	
3	A good bit of the time	
4	Some of the time	
5	A little of the time	
6	None of the time	
888	Missing	
999	Question not asked	

### Variable name:p23bphywalkQuestion:15A. During the past year, how many hours each week did youspend (on average):walking for exercise

Code or Value	Value description	Skip to item
1	None	
2	Less than 1hr	
3	1-2 hr	
4	3-4 hrs	
5	5-6 hrs	
6	7-9 hrs	
7	10 or more hrs	
888	Missing	

### Variable name:p23bphyvigoQuestion:15B.During the past year, how many hours each week did you spend(on average): vigorous exercise (e.g. jogging, aerobics)

Code or Value	Value description	Skip to item
1	None	
2	Less than 1hr	
3	1-2 hr	
4	3-4 hrs	
5	5-6 hrs	
6	7-9 hrs	
7	10 or more hrs	
888	Missing	

### Variable name:p23bhrtvQuestion:16A. How many hours each day did you spend (on average): Sitting<br/>watching TV or videos

Code or Value	Value description	Skip to item
1	None	
2	Less than 1hr	
3	1-2 hr	
4	3-4 hrs	
5	5-6 hrs	
6	7-9 hrs	
7	10 or more hrs	
888	Missing	

## Variable name:p23bhrwrkQuestion:16B. How many hours each day did you spend (on average): Sitting<br/>at work or during the day

Code or Value	Value description	Skip to item
1	None	
2	Less than 1hr	
3	1-2 hr	
4	3-4 hrs	
5	5-6 hrs	
6	7-9 hrs	
7	10 or more hrs	
888	Missing	

#### Variable name:fmhaQuestion:17A.Have any of your first-degree biological relatives (e.g., parentsand siblings) ever been diagnosed of the following conditions: Heart Attack

Code or Value	Value description	Skip to item
0	No	
1	Yes	
666	Don't know	
888	Missing	

### Variable name:fmdmQuestion:17B.Have any of your first-degree biological relatives (e.g., parentsand siblings) ever been diagnosed of the following conditions: Diabetes

Code or Value	Value description	Skip to item
0	No	
1	Yes	
666	Don't know	
888	Missing	

#### Variable name:fmhtnQuestion:17C.Have any of your first-degree biological relatives (e.g., parentsand siblings) ever been diagnosed of the following conditions: Hypertension

Code or Value	Value description	Skip to item
0	No	
1	Yes	
666	Don't know	
888	Missing	

#### Variable name:fmstrQuestion:17D.Have any of your first-degree biological relatives (e.g., parentsand siblings) ever been diagnosed of the following conditions: Stroke

Code or Value	Value description	Skip to item
0	No	
1	Yes	
666	Don't know	
888	Missing	

### Variable name:gduselfdxQuestion:18A. Has a doctor ever told you that you had any of the following<br/>conditions? A. Peptic Ulcer (Gastric or duodenal ulcers) a. If YES, when ?

Code or Value	Value description	Skip to item
0	No	
1	Yes	
666	Don't know	
888	Missing	

#### Variable name:gdudateQuestion:18A.a. If YES when?

Code or Value	Value Description	Skip to item
Date value in MMDDYY10	Range of values	

## Variable name:asthselfdxQuestion:18B. Has a doctor ever told you that you had any of the following<br/>conditions? B. Asthma a. If YES, when?

Code or Value	Value description	Skip to item
0	No	
1	Yes	
666	Don't know	
888	Missing	

#### Variable name: asthdate Question: 18B.a. If YES when?

Code or Value	Value Description	Skip to item
Date value in MMDDYY10	Range of values	

### Variable name:pdselfdxQuestion:18C. Has a doctor ever told you that you had any of the following<br/>conditions? C. Parkinson's Disease a. If YES, when?

Code or Value	Value description	Skip to item
0	No	
1	Yes	
666	Don't know	
888	Missing	

#### Variable name:pddateQuestion:18C.a. If YES when?

Code or Value	Value Description	Skip to item
Date value in MMDDYY10	Range of values	

## Variable name:IvcselfdxQuestion:18D. Has a doctor ever told you that you had any of the following<br/>conditions? D. Cirrhosis of the liver a. If YES, when?

Code or Value	Value description	Skip to item
0	No	
1	Yes	
666	Don't know	
888	Missing	

#### Variable name:IvcdateQuestion:18D.a. If YES when?

Code or Value	Value Description	Skip to item
Date value in MMDDYY10	Range of values	

### Variable name:raselfdxQuestion:18E. Has a doctor ever told you that you had any of the following<br/>conditions? E. Rheumatoid arthritis a. If YES, when?

Code or Value	Value description	Skip to item
0	No	
1	Yes	
666	Don't know	
888	Missing	

#### Variable name:radateQuestion:18E.a. If YES when?

Code or Value	Value Description	Skip to item
Date value in MMDDYY10	Range of values	

### Variable name:copdselfdxQuestion:18F. Has a doctor ever told you that you had any of the followingconditions? F. Emphysema, COPD, or bronchitis a. If YES, when?

Code or Value	Value description	Skip to item
0	No	
1	Yes	
666	Don't know	
888	Missing	

#### Variable name: copddate Question: 18F.a. If YES when?

Code or Value	Value Description	Skip to item
Date value in MMDDYY10	Range of values	

#### Variable name:p12xlossaQuestion:19A. How often do the following historical losses experienced by<br/>your community (not necessarily yourself) come to mind: The loss of our land.

Code or Value	Value description	Skip to item
1	Several times a day	
2	Daily	
3	Weekly	
4	Monthly	
5	Yearly or special times	
6	Never	
888	Missing	
999	Question not asked	

#### Variable name:p12xlossbQuestion:19B. How often do the following historical losses experienced by<br/>your community (not necessarily yourself) come to mind: The loss of our language.

Code or Value	Value description	Skip to item
1	Several times a day	
2	Daily	
3	Weekly	
4	Monthly	
5	Yearly or special times	
6	Never	
888	Missing	
999	Question not asked	

Variable name:p12xlosscQuestion:19C. How often do the following historical losses experienced by<br/>your community (not necessarily yourself) come to mind: Losing our traditional spiritual<br/>ways

Code or Value	Value description	Skip to item
1	Several times a day	
2	Daily	
3	Weekly	
4	Monthly	
5	Yearly or special times	
6	Never	
888	Missing	
999	Question not asked	

Variable name:p12xlossdQuestion:19D. How often do the following historical losses experienced by<br/>your community (not necessarily yourself) come to mind: The loss of our family ties<br/>because of boarding schools

Code or Value	Value description	Skip to item
1	Several times a day	
2	Daily	
3	Weekly	
4	Monthly	
5	Yearly or special times	
6	Never	
888	Missing	
999	Question not asked	

Variable name:p12xlosseQuestion:19E. How often do the following historical losses experienced by<br/>your community (not necessarily yourself) come to mind: The loss of families from the<br/>reservation to government relocation

Code or Value	Value description	Skip to item
1	Several times a day	
2	Daily	
3	Weekly	
4	Monthly	
5	Yearly or special times	
6	Never	
888	Missing	
999	Question not asked	

Variable name:p12xlossfQuestion:19F. How often do the following historical losses experienced by<br/>your community (not necessarily yourself) come to mind: The loss of self respect from<br/>poor treatment by government officials

Code or Value	Value description	Skip to item
1	Several times a day	
2	Daily	
3	Weekly	
4	Monthly	
5	Yearly or special times	
6	Never	
888	Missing	
999	Question not asked	

# Variable name:p12xlossgQuestion:19G. How often do the following historical losses experienced by<br/>your community (not necessarily yourself) come to mind: The loss of trust in whites from<br/>broken treaties

Code or Value	Value description	Skip to item
1	Several times a day	
2	Daily	
3	Weekly	
4	Monthly	
5	Yearly or special times	
6	Never	
888	Missing	
999	Question not asked	

#### Variable name:p12xlosshQuestion:19H. How often do the following historical losses experienced by<br/>your community (not necessarily yourself) come to mind: Losing our culture

Code or Value	Value description	Skip to item
1	Several times a day	
2	Daily	
3	Weekly	
4	Monthly	
5	Yearly or special times	
6	Never	
888	Missing	
999	Question not asked	

Variable name:p12xlossiQuestion:19I. How often do the following historical losses experienced by<br/>your community (not necessarily yourself) come to mind: The losses from the effects of<br/>alcoholism on our people

Code or Value	Value description	Skip to item
1	Several times a day	
2	Daily	
3	Weekly	
4	Monthly	
5	Yearly or special times	
6	Never	
888	Missing	
999	Question not asked	

Variable name:p12xlossjQuestion:19J. How often do the following historical losses experienced by<br/>your community (not necessarily yourself) come to mind:Loss of respect by our<br/>children and grandchildren for elders

Code or Value	Value description	Skip to item
1	Several times a day	
2	Daily	
3	Weekly	
4	Monthly	
5	Yearly or special times	
6	Never	
888	Missing	
999	Question not asked	

Variable name:p12xlosskQuestion:19K. How often do the following historical losses experienced by<br/>your community (not necessarily yourself) come to mind:Loss of our people through<br/>early death

Code or Value	Value description	Skip to item
1	Several times a day	
2	Daily	
3	Weekly	
4	Monthly	
5	Yearly or special times	
6	Never	
888	Missing	
999	Question not asked	

Variable name:p12xlosslQuestion:19L. How often do the following historical losses experienced by<br/>your community (not necessarily yourself) come to mind: Loss of respect by our<br/>children for traditional ways

Code or Value	Value description	Skip to item
1	Several times a day	
2	Daily	
3	Weekly	
4	Monthly	
5	Yearly or special times	
6	Never	
888	Missing	
999	Question not asked	

# Variable name:p12xlossflaQuestion:20A. Now please indicate how you feel when you think about thelosses from question 19:Often feel sadness or depression

Code or Value	Value description	Skip to item
1	Never	
2	Seldom	
3	Sometimes	
4	Often	
5	Always	
888	Missing	
999	Question not asked	

# Variable name:p12xlossflbQuestion:20B. Now please indicate how you feel when you think about thelosses from question 19:Often feel anger

Code or Value	Value description	Skip to item
1	Never	
2	Seldom	
3	Sometimes	
4	Often	
5	Always	
888	Missing	
999	Question not asked	

## Variable name:p12xlossflcQuestion:20C. Now please indicate how you feel when you think about thelosses from question 19:Often anxiety or nervousness

Code or Value	Value description	Skip to item
1	Never	
2	Seldom	
3	Sometimes	
4	Often	
5	Always	
888	Missing	
999	Question not asked	

Variable name:p12xlossfldQuestion:20D. Now please indicate how you feel when you think about thelosses from question 19:Uncomfortable around white people when you think of theselosses

Code or Value	Value description	Skip to item
1	Never	
2	Seldom	
3	Sometimes	
4	Often	
5	Always	
888	Missing	
999	Question not asked	

### Variable name:p12xlossfleQuestion:20E. Now please indicate how you feel when you think about thelosses from question 19:Shame when you think of these losses

Code or Value	Value description	Skip to item
1	Never	
2	Seldom	
3	Sometimes	
4	Often	
5	Always	
888	Missing	
999	Question not asked	

# Variable name:xlossflfQuestion:20F. Now please indicate how you feel when you think about thelosses from question 19:Loss of concentration

Code or Value	Value description	Skip to item
1	Never	
2	Seldom	
3	Sometimes	
4	Often	
5	Always	
888	Missing	
999	Question not asked	

Variable name:p12xlossflgQuestion:20G. Now please indicate how you feel when you think about thelosses from question 19:Feel isolated or distant from other people when you think ofthese losses

Code or Value	Value description	Skip to item
1	Never	
2	Seldom	
3	Sometimes	
4	Often	
5	Always	
888	Missing	
999	Question not asked	

# Variable name:p12xlossflhQuestion:20H. Now please indicate how you feel when you think about thelosses from question 19:A loss of sleep

Code or Value	Value description	Skip to item
1	Never	
2	Seldom	
3	Sometimes	
4	Often	
5	Always	
888	Missing	
999	Question not asked	

# Variable name:p12xlossfliQuestion:201. Now please indicate how you feel when you think about thelosses from question 19:Rage

Code or Value	Value description	Skip to item
1	Never	
2	Seldom	
3	Sometimes	
4	Often	
5	Always	
888	Missing	
999	Question not asked	

Variable name:p12xlossfljQuestion:20J. Now please indicate how you feel when you think about the<br/>losses from question 19: Fearful or distrust the intentions of white people

Code or Value	Value description	Skip to item
1	Never	
2	Seldom	
3	Sometimes	
4	Often	
5	Always	
888	Missing	
999	Question not asked	

# Variable name:p12xlossflkQuestion:20K. Now please indicate how you feel when you think about thelosses from question 19:Feel like it is happening again

Code or Value	Value description	Skip to item
1	Never	
2	Seldom	
3	Sometimes	
4	Often	
5	Always	
888	Missing	
999	Question not asked	

Variable name:p12xlossfllQuestion:20L. Now please indicate how you feel when you think about thelosses from question 19:Feel like avoiding places or people that remind you of theselosses

Code or Value	Value description	Skip to item
1	Never	
2	Seldom	
3	Sometimes	
4	Often	
5	Always	
888	Missing	
999	Question not asked	

Variable name: p13esociala Question: This scale is an assessment of social support, and is made up of a list of statements, which may or may not be true about you. For each statement (21A -21O), answer how true it is about you: 21A. If I needed a quick emergency loan of \$30, there is someon

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Somewhat True	
4	Definitely True	
888	Missing	

### Variable name:p13esocialbQuestion:21B. There is at least one person I know, whose advice I really trust.

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Somewhat True	
4	Definitely True	
888	Missing	

# Variable name:p13esocialcQuestion:21C. If I needed help around the house (that is, with cleaning or<br/>making small repairs), I would have a hard time finding someone to help me without pay.

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Somewhat True	
4	Definitely True	
888	Missing	

# Variable name:p13esocialdQuestion:21D. If I wanted to go play bingo, go to a potluck or powwow, orsome other activity, I could easily find someone to go with me.

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Somewhat True	
4	Definitely True	
888	Missing	

### Variable name:p13esocialeQuestion:21E. When I need suggestions for how to deal with a personal worryor problem, I know there is someone I can talk to.

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Somewhat True	
4	Definitely True	
888	Missing	

# Variable name:p13esocialfQuestion:21F. There are several people that I regularly enjoy spending leisuretime with.

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Somewhat True	
4	Definitely True	
888	Missing	

### Variable name:p13esocialgQuestion:21G. There is really no one I can talk to about money problems

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Somewhat True	
4	Definitely True	
888	Missing	

# Variable name:p13esocialhQuestion:21H. If I needed help in doing some errands, I could find someone tohelp me

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Somewhat True	
4	Definitely True	
888	Missing	

### Variable name:p13esocialiQuestion:211. I know someone I can talk with about my most private thoughtsand feelings.

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Somewhat True	
4	Definitely True	
888	Missing	

# Variable name:p13esocialjQuestion:21J. If I needed a ride early in the morning, I would have a hard timefinding anyone to take me

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Somewhat True	
4	Definitely True	
888	Missing	

Variable name:	p13esocialk
Question:	21K. I often meet or talk with friends or members of my family.

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Somewhat True	
4	Definitely True	
888	Missing	

### Variable name:p13esociallQuestion:21L. I often get invited to do things with others.

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Somewhat True	
4	Definitely True	
888	Missing	

# Variable name:p13esocialmQuestion:21M. I feel satisfied with the help I get in doing tasks around the<br/>house, taking care of errands, and getting rides

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Somewhat True	
4	Definitely True	
888	Missing	

# Variable name:p13esocialnQuestion:21N. I feel satisfied with the amount of support I get with personalconcerns.

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Somewhat True	
4	Definitely True	
888	Missing	

# Variable name:p13esocialoQuestion:210. I feel satisfied with how often I talk to, or get together withfamily and friends210. I feel satisfied with how often I talk to, or get together with

Code or Value	Value description	Skip to item
1	Never True	
2	Rarely True	
3	Somewhat True	
4	Definitely True	
888	Missing	

Variable name: p13fbssnia Question: The following questions ask about your social support. Please read the following questions and choose the response that most closely describes your current situation. (Questions 22-26) 22.How many close friends do you have, people that you feel at ease wit

Code or Value	Value description	Skip to item
1	None	
2	1-2	
3	3-5	
4	6-9	
5	10 or more	
666	Don't know	
888	Missing	

### Variable name:p13fbssnilQuestion:23. How many relatives do you have, people that you feel at easewith, can talk to about private matters?

Code or Value	Value description	Skip to item
1	None	
2	1-2	
3	3-5	
4	6-9	
5	10 or more	
666	Don't know	
888	Missing	

# Variable name:p13fbssnimQuestion:24. Can you count on anyone to provide you with emotional support(talking over problems or helping you make a difficult decision)?

Code or Value	Value description	Skip to item
1	None	
2	1-2	
3	3-5	
4	6-9	
5	10 or more	
666	Don't know	
888	Missing	

Variable name:p13ecommuQuestion:25. Do you participate in any groups, such as a senior center, socialor work group, religious-connected group, self-help group, or charity, public service, orcommunity group?

Code or Value	Value description	Skip to item
0	No	
1	Yes	
666	Don't know	
888	Missing	

Variable name:p13ecommuhrQuestion:26.How many hours each week do you participate in any groupssuch as a social or work group, church-connected group, self-help group, charity, publicservice, or community group?

Code or Value	Value description	Skip to item
1	None	
2	1 to 2 hours	
3	3 to 5 hours	
4	6 to 10 hours	
5	11 to 15 hours	
6	16 hours or more	
888	Missing	
999	Question not asked	

Variable name: pispirit Question: Many people find that spirituality or some form of religious practice is important to their health and well-being. Others are less concerned with such things. Next are some general questions about spirituality. Please check one answer. 27. How important i

Code or Value	Value description	Skip to item
1	Not at all	
2	Not very	
3	Somewhat	
4	Very	
888	Missing	
999	Question not asked	

### Variable name:pispiritprQuestion:28. How often do you spend time on religious or spiritual practices?

Code or Value	Value description	Skip to item
1	Very rarely or not at all	
2	From time to time, occasionally	
3	Several times a month	
4	Every day or almost every day	
888	Missing	
999	Question not asked	

# Variable name:pispiritfreQuestion:29. How often do you seek comfort or guidance through religious orspiritual means?

Code or Value	Value description	Skip to item
1	Never	
2	Rarely	
3	Sometimes	
4	Often	
888	Missing	
999	Question not asked	

#### Variable name: n\_a Question: Comments:

Code or Value	Value Description	Skip to item
Open text field blank		
Open text field specified	Range of text fields	

### Variable name:religionspirituality\_v\_0Question:Complete?

Code or Value	Value description	Skip to item
2	Complete	

#### **Physical Exam**

Variable name:	IDNO
Question:	ID NUMBER

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

### Variable name:redcap\_repeat\_instanceQuestion:Repeat Instance

Code or Value	Value description	Skip to item
1	1	
2	2	
3	3	
	Missing	

Variable name:rightarm\_cir\_cmQuestion:Right Arm circumference in centimeters (midway between Acromion<br/>and Olecranon)

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

### Variable name:right\_arm\_cmQuestion:Right Arm Circumference in centimeters:

Code or Value	Value description	Skip to item
1	Small (17-22 cm)	
2	Medium (>22-32 cm)	
3	Large (>32-42 cm)	
4	Extra Large (>42 cm)	
•	Missing	

#### Variable name:bp\_1\_systolicQuestion:First Seated Blood Pressure: Systolic Measurement

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

#### Variable name:bp\_1\_diastolicQuestion:First Seated Blood Pressure: Diastolic Measurement

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

### Variable name:bp\_2\_systolicQuestion:Second Seated Blood Pressure: Systolic Measurement

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

### Variable name:bp\_2\_diastolicQuestion:Second Seated Blood Pressure: Diastolic Measurement

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

#### Variable name:bp\_3\_systolicQuestion:Third Seated Blood Pressure: Systolic Measurement

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

#### Variable name:bp\_3\_diastolicQuestion:Third Seated Blood Pressure: Diastolic Measurement

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

#### Variable name:arm\_takenQuestion:Were the above blood pressures taken from the right arm?

Code or Value	Value description	Skip to item
1	Yes	
2	No	
	Missing	

### Variable name:not\_right\_armQuestion:If not taken from the right arm, specify why not:

Code or Value	Value Description	Skip to item
Open text field blank		

#### Variable name:height\_cmQuestion:Standing Height- centimeters

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

#### Variable name:height\_inchesQuestion:Standing Height- inches

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

#### Variable name: wight\_kg Question: Standing Weight- kg

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

#### Variable name: weight\_lb Question: Standing Weight- lb

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

### Variable name:hip\_cir\_cmQuestion:Standing Hip Circumference- centimeters

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

#### Variable name:hip\_cir\_inQuestion:Standing Hip Circumference- inches

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

#### Variable name:waist\_cir\_cmQuestion:Supine Waist measurement at umbilicus- centemeters

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

#### Variable name:waist\_cir\_inQuestion:Supine Waist measurement at umbilicus- inches

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

### Variable name:impedence1Question:Impedence taken?

Code or Value	Value description	Skip to item
1	Yes	
2	No	
•	Missing	

#### Variable name:no\_impedenceQuestion:If no, due to:

Code or Value	Value description	Skip to item
1	Amputation	
2	Wound Dressing	
3	Cast	
4	Dialysis Shunt	
5	Refusal	
	Missing	

# Variable name:impedence\_rightQuestion:if impendence was NOT taken on the left side, was Impendence takeon right side?

Code or Value	Value description	Skip to item
1	Yes	
2	No	
•	Missing	

### Variable name:no\_right\_impendenceQuestion:If no, due to:

Code or Value	Value description	Skip to item
1	Amputation	
2	Wound Dressing	
3	Cast	
4	Dialysis Shunt	
5	Refusal	
	Missing	

#### Variable name:reason\_not\_on\_leftQuestion:What reason could you not take impedence on left foot?

Code or Value	Value Description	Skip to item
Open text field blank		
Open text field specified	Range of text fields	

### Variable name:resistance\_1Question:Resistance

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

### Variable name:resistance\_2Question:Resistance

Code or Value	Value Description	Skip to item
Continuous value	Range of values	

### Variable name:physical\_examination\_completeQuestion:Complete?

Code or Value	Value description	Skip to item
2	Complete	
•	Missing	